

Ride Your Horse!





Ride Your Horse! Therapeutic Riding Program

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RIDE YOUR HORSE NEWS

"Summer Splash" Playday

The sunny skies of summer are here, and we celebrated the summer season with our "Summer Splash" Playday horseshow on June 28. This was our FIRST Playday in our new covered arena, and what a joy! Our riders and horses were able to ride in our beautiful arena protected from the hot sun. With storage, stalls and arena all so close, setup was fast and easy (remember lugging the registration tables all the way from storage up to our Anaheim arena? Ooh my aching back!). Plus for this event we had wonderful volunteer assistance from the Cerritos Key Club (many thanks to advisor Jan Jensen and Nancy Chu) as our registration, raffle helpers and timekeepers. Cerritos Boy Scout troop 72 helped set up and prepare our BBQ under the able leadership of RYH volunteer Tomie Nishimi and her husband. Also the Lions Club helped with various tasks – there's always so much to do!



There are many more Playday pictures on the Events page on our website! Check them out at rideyourhorse.com!

Ribbon Cutting Ceremony & Dedication of the Alex Beanum Arena

On Wednesday, August 20th at 5pm, B&B Stables and Ride Your Horse! Therapeutic Program will stand together and applaud our amazing Arena Donors. The brand new covered arena was built exclusively for its precious riders with special needs. The arena will be named "The Alex Beanum Arena" and is dedicated to an amazing man who has been instrumental in showing his support to RYH and the City of Cerritos. RYH riders will shine bright under his arena title for years to come! The Buells will be hosting over 200 attendees who will be recognized for meeting the unprecedented challenge of raising and donating over \$180,000 to build our amazing arena in less than a year. Ride Your Horse! TRP is unique in therapeutic history for raising funds and building a covered arena so quickly with such large support from the city council, Chamber of Commerce, and from our community. Honorable guests are to include United States Congresswoman Linda Sanchez, L.A. County Supervisor Don Knabe, Cerritos City Mayor Jim Edwards and Cerritos City Council Members. The evening will include a demonstration of therapeutic riding follow by a sit-down reception hosted by Mr. & Mrs. Buell.

Upcoming Events!

Even after our exciting Playday there is still lots of summer excitement planned! Our second big event of the summer is going to be the **Ribbon Cutting Ceremony** and (official) Grand Opening of the Alex Beanum Arena at B & B Stables for our program as mentioned in the article above. In September, we are again participating in the **Tri-City Special Olympics** where last year our own rider Paul walked away with the 2007 "Most Inspirational Rider" award! You won't believe the enthusiastic athletes who ride in this competition....the smiles and the tears throughout the day will warm your heart. Please plan to come volunteer with us and share this very special event.

RYH's 2008 Wish List

There are so many ways you can help our Program!

- Corporate and Individual sponsors for our amazing riders and students
- Auction or raffle prizes for our Playday horse shows
- Experienced riders to join our RYH Equine Care Teams and school our horses
- "Stableblend" and shavings for our wonderful horses
- Equine Senior Feed for older horses
- Snacks and drinks for our fabulous volunteers
- "Rainbow Reins" for our riders and their horses
- Gently used English show clothes for our riders
- Gently used English Tack - saddles, pads, bridles, bits, etc.

SPOTLIGHT ON: Leader/Horse Team Meredith and Calvin!!



We wanted to highlight one of our favorite Leader/Horse teams, Meredith and Calvin! Although Meredith's work and school schedule has prevented her from volunteering weekly with us now, she has been a faithful volunteer for several years and an invaluable

leader at many of our weekend events. She has a special relationship with Calvin that makes them a great team! She has helped Darlene school Calvin and our other horses with her excellent equine skills.

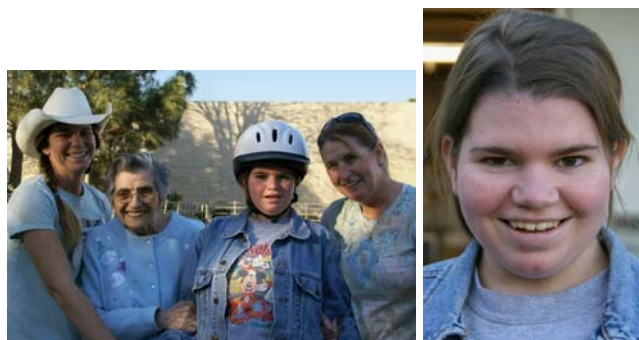


Her mom Paula has also designed and maintained our RYH flyer that is available at our stable offices, and Meredith's special man Dan has helped at events and taken many of the wonderful photos you see in our flyers. Thank you for your dedication to Ride Your Horse!

*"Ride Your Horse" NEWSLETTER
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Student Corner

This month's highlighted student is **Jessica**! Jess is 18 years old and has a Seizure Disorder with Developmental Delay. She loves to sing songs while riding her favorite horse "Buddy the Paint"! Jessica also very much loves her first horse "Topper the Pony". Jessica has been riding with RYH since July, 2005 and usually rides 2 times a week. Jessica's goals with our program are: to have fun, improve balance, body self-awareness, self-esteem, verbal skills, communication and problem solving with words. It only takes one of her amazing smiles and a wink of her eye to bring joy rushing to your heart! You'll see what wonderful smile below and Thanks for being with us, Jess!



We LOVE Our Horses!

Don't we all just LOVE our RYH horses? One of our new volunteers Emily sent me this in a recent email: "I'm really enjoying volunteering at Ride Your Horse! I absolutely love the horses (especially Mr. Pibb) and the other volunteers there. And (I just have to mention this) I love Mr. Pibb's wobbly bottom lip! I tried to touch it last time, which was kind of stupid of me, because his stubbly hairs on his chin were pretty sharp. Ha ha!"



Save That Date!

August 20: Ribbon Cutting Ceremony for Alex Beanum Arena for Therapeutic Riding at B&B Stables in Cerritos
September 27-28: Tri-Valley Special Olympics at Hansen Dam Equestrian Center in Lakeview Terrace
October 25: "Spooktacular" Playday Horse Show